

South West Wales
Brain Injury Group

Tuesday 7 November
The National Botanical Gardens
of Wales

Autumn Workshops 2017

Chaired by Dr Jeremy Tree (Associate Professor), join us for our inaugural Autumn Workshops.

Agenda

9:00 Registration, refreshments & networking

9:30 Positive emotion and laughter with Dr Andrew Kemp (Associate Professor) Exploring the tight linkage between our mental and physical health. Recent scientific studies link positive and social emotions to a longer lifespan, effects that may rival many traditional risk markers for morbidity and premature mortality, such as diabetes, obesity and physical inactivity. Scientific studies also highlight how improving our physical health might have important implications for our mental wellbeing, as well as our physical health.

10:15 Tea, coffee and cake

10:45 Drumming workshop Reduce stress, re-energise and feel bangtastic!

11:15 Ear related vertigo post-head injury: diagnosis and management A popular topic at our 2015 SWWBIG Conference, we are excited that Mr Simon Browning has accepted our invitation to deliver this excellent workshop again at our autumn event.

12:00- Close

This event is open to anyone connected to Brain Injury in South West Wales. To book your place sign up at [swwbig-workshops-2017.eventbrite.co.uk](https://www.eventbrite.co.uk/e/swwbig-workshops-2017-tickets-35340500011)

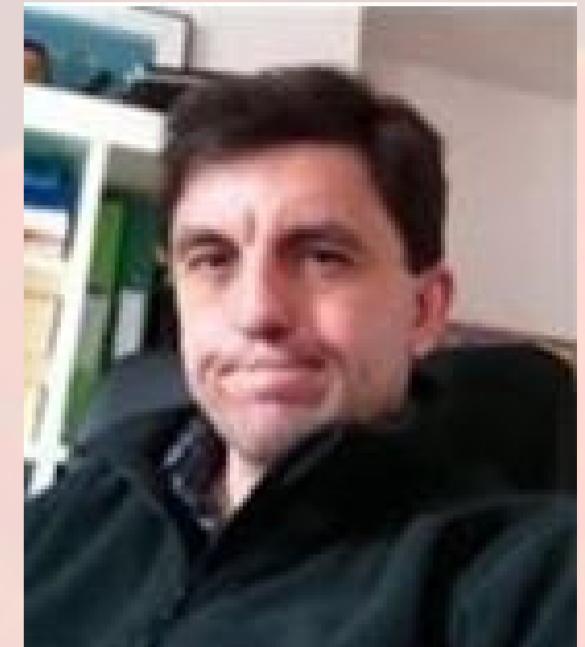
£10pp for professionals

Free for brain injury survivors, family and non paid carers

For all enquiries please telephone 01792 525578

Speaker Profiles

Dr Jeremy Tree is an Associate Professor in the Department of Psychology at Swansea University. Dr Tree is a Registered Chartered Psychologist (C. Psychol.), an Associate Fellow of the British Psychological Society (AFBPsS), a member of the Health Professionals Council and Fellow of the Higher Education Academy (HEA). His research interests include the consequences of brain injury on specific cognitive functions (cognitive neuropsychology) – in particular, disorders of reading (dyslexia), speech production (aphasia), memory (amnesia) and face processing (prosopagnosia). In each case the work seeks to better illuminate the processing components of these specific functions in the human brain.



Dr Andrew Kemp (Associate Professor) is an interdisciplinary academic, with research interests that span cognitive and affective neuroscience through to epidemiology, bridging the gap between biological mechanism and public health. He has developed a productive program of research to better understand the relationship between mental and physical wellbeing, attracting significant attention from scientific and lay communities. Between 2013 and 2015, he was a Visiting Professor at the University of Sao Paulo in Brazil, working on the largest study on the health and wellbeing of the Brazilian population. From 2005 until 2012, he was employed at the University of Sydney in Australia, supported by two prestigious NH&MRC research fellowships.



Mr Simon Browning, MA(Ed), MPhil, FRCS(ORL), MBBCh is a Consultant ENT Surgeon and an Honorary Associate Professor at Swansea University Medical School. He has an interest in disorders of balance and runs a subspecialist clinic at ABM University Health Board that takes both primary and secondary referrals. Simon has presented extensively on matters of imbalance and is involved with the current re-organisation of balance services at ABMU. His other clinical interests are in endoscopic ear surgery and the application of piezoelectric surgery to the ear.

